

**Drug Prevention Resources for Parents**

\*\*Disclaimer: Disclaimer: This organization and its activities are not related to or sponsored by Fort Bend Independent School District. FBISD does not endorse any providers on this list. It is only provided as a resource.

**Comprehensive Prevention Resources (alcohol, tobacco, marijuana, prescription drugs, inhalants, and other drugs):**

* **National Institute on Drug Abuse (NIDA);** includes free resources for parents, teachers, and teens about alcohol, marijuana, tobacco, prescription drugs, and other drugs: <http://www.nida.nih.gov>
* **Parents: Facts on Teen Drug Use**; <https://teens.drugabuse.gov/parents>
* **Preventing Teen Drug Use: How to Talk With Your Teen** <https://drugfree.org/article/how-to-talk-with-your-teen/>
* **Drug Guide:** A comprehensive and up-to-date source of drug information for parents. Learn the facts, prevalence and warning signs to help keep your child safe. <https://drugfree.org/drug-guide/>
* **Information for Parents**: <http://www.drugabuse.gov/parents-teachers\>
* **Substance Abuse and Mental Health Services (SAMHSA) Administration**; information and free pamphlets for parents and students on substance abuse and mental health. <http://www.samhsa.gov/prevention/>

**Alcohol Prevention Resources:**

* **Talk They Hear You Underage Drinking Campaign:** This kit, a part of a SAMHSA campaign, provides parents of children ages 9 to 15 with tools and information needed to start talking with their children about the dangers of alcohol use. It includes a suite of materials that helps reinforce underage drinking prevention.

<https://www.samhsa.gov/underage-drinking>

* **Talk They Hear You Mobile App**: <https://store.samhsa.gov/product/Talk-They-Hear-You-Mobile-App/PEP15-TALKAPP>

Helps parents and caregivers learn the do's and don'ts about talking to their children about the dangers of underage drinking. Allows parents to practice bringing up the topic of alcohol, learn questions to ask, and adjust their approach with help from coaches.

* **Underage Drinking:**

<http://www.niaaa.nih.gov/alcohol-health/special-populations-co-occurring-disorders/underage-drinking>

* **Rethinking Drinking; National Institute on Alcohol Abuse and Alcoholism. Download in English or Spanish:** <http://pubs.niaaa.nih.gov/publications/RethinkingDrinking/OrderPage.htm>
* **Mothers Against Drunk Driving:**  [www.MADD.org](http://www.MADD.org)

For Parents: Power of Parents: http://www.madd.org/underage-drinking/the-power-of-parents/

* **2 Young 2 Drink:** created several education programs regarding underage drinking prevention and has programs that focus on retailer compliance, youth education, parent and community involvement, and the transition from high school to college.

<http://www.2young2drink.com/>

* **Texas Alcoholic Beverage Commission: Underage Drinking Laws; Serving Alcohol to Minors**

<https://www.tabc.state.tx.us/laws/underage_drinking_laws.asp>

* ***The Unconscious Truth-The Physical and Legal Effects of Underage Binge Drinking***; Multi-media project created by Texas Young Lawyers Association; <http://www.tyla.org/tyla/index.cfm/projects/the-unconscious-truth/>
* **Alcohol Justice: Alcohol Advertising and Youth;** <https://alcoholjustice.org/>

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**Tobacco Prevention Resources (including e-cigarettes/JUUL, smokeless, and Electronic Nicotine Delivery Systems (ENDS):**

* **Campaign for Tobacco-Free Kids:** <https://www.tobaccofreekids.org/>

JUUL E-Cigarettes: A New Threat to Kids <https://www.tobaccofreekids.org/what-we-do/industry-watch/e-cigarettes>

* **The Facts About JUUL:** <https://www.tobaccofreekids.org/assets/content/what_we_do/industry_watch/e-cigarettes/2018_04_juul_infographic.pdf>
* **Center of Disease Control:** Electronic Cigarettes <https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm>

Smokeless Tobacco Products Fact Sheets: <https://www.cdc.gov/tobacco/basic_information/smokeless/index.htm>

Basic Tobacco Products: <https://www.cdc.gov/tobacco/basic_information/tobacco_industry/index.htm>

* **U.S. Surgeon General:** Know the Risks: E-Cigarettes and Young People; <https://e-cigarettes.surgeongeneral.gov/>
* **M.D. Anderson Community Health Resources:** <https://www.mdanderson.org/prevention-screening/manage-your-risk/smoking-tobacco.html>
* **FDA:** Regulation of Tobacco Products <https://www.fda.gov/TobaccoProducts/default.htm>

**Marijuana Prevention Resources:**

* **Marijuana Facts Parents Need to Know**:

## <http://www.drugabuse.gov/sites/default/files/parents_marijuana_brochure_0.pdf>

* **Marijuana: Research Report Series**; <http://www.drugabuse.gov/publications/research-reports/marijuana/letter-director>
* **Drug Facts:** Is Marijuana Medicine? June 2018 <http://www.drugabuse.gov/publications/drugfacts/marijuana-medicine>
* **Smart Approaches to Marijuana:** <http://www.learnaboutsam.org/>

## Synthetic Marijuana: Information from American Association of Poison Control Centers (AAPCC):

<https://aapcc.s3.amazonaws.com/pdfs/topics/Synthetic_Marijuana_6.2012.pdf>

**Prescription Drugs Prevention Resources**

* **Smart Moves Smart Choices Toolkit by Janssen Pharmaceuticals:**

<http://www.smartmovessmartchoices.org/pdfs/SmartMoves_SchoolToolKit_Web.pdf>

* **Opioids and Other Prescription Drugs Event Toolkit:**

[https://teens.drugabuse.gov/national-drug-alcohol-facts-week/get-activity-ideas/opioids-other-prescription-drugs-event- toolkit](https://teens.drugabuse.gov/national-drug-alcohol-facts-week/get-activity-ideas/opioids-other-prescription-drugs-event-%20%20%20%09toolkit)

* **Generation Rx Toolkit (Ohio State Univesrity College of Pharmacy):**

<https://www.generationrx.org/toolkits/teen/>

* **CADCA online toolkit: strategies to reduce teen prescription drug:**

<https://www.cadca.org/resources/prevent-rx-abuse>

* Rx for Understanding (NEA standards-based, cross-curricular lessons; grades 9-12

<http://healthyfutures.nea.org/wpcproduct/rx-for-understanding-preventing-prescription-drug-abuse-grades-9-12/>

* **Get Smart About Drugs: A DEA Resource for Parents, Educators, and Caregivers**

<https://www.getsmartaboutdrugs.gov/content/resources-educators>